

STEADIER GROUND FIELD CARD

Trying to Get Up, Pulling at Lines

TRY SAYING

- "Let's get you to the bathroom. Want to try?"
- "I'm right here. Let's figure out what you need."
- "Let's get you turned and comfortable before you have to ask."

AVOID SAYING

- "Stay in bed," repeated. Doesn't work the fifth time either.
- Restraint or sedation before checking the ordinary reasons.

IF THEY KEEP TRYING TO GET UP

1. Offer the bathroom before they have to ask, especially overnight.
2. Check pain and reposition on a schedule.
3. Remove any line or lead that isn't still needed.
4. Document what came right before each attempt.

Restraint and restriction: set by your unit, not this page.

What it treats: the behavior. The reason is usually still there afterward.

find steadier ground

dementiasteady.com · Not a substitute for medical advice